



## JANUARY 2019: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>JUMPSTART MONDAY</b>	<b>BURGER</b>	<b>CULINARY</b>	<b>NEW YORK THURSDAY</b>	<b>PIZZA</b>
	Winter Recess 1		New York Thursday 3	
	<b>Zucchini Parmigiana</b> Served with <b>Pasta Choice</b>  <b>Slow Roasted Carrots</b>  <b>New York Cookie Treat</b>  <i>Salad Bar</i> Traditional	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burgers</b>  <b>Seasoned Wedge Fries</b>  <i>Salad Bar</i> Burger Fixin's	<b>Bite Size Beef Tacos</b> Served with <b>Baked! Tostitos® Scoops®</b>  <b>Stewed Pinto Beans</b>  <b>Hot Confetti Corn</b>  <b>New York Apple Slices</b>  <i>Salad Bar</i> Taco Station	<b>Classic Cheese Pizza</b>  <b>Supreme Pizza</b>  <b>Garlic Knot</b> Marinara Sauce  <b>Crispy Kale Chips</b>  <i>Salad Bar</i> Pizza Toppings
7	8	9	New York Thursday 10	11
<b>Spinach &amp; Mozzarella Quesadilla</b> with Rice & Salsa  <b>Stewed Pinto Beans</b>  <b>Hot Confetti Corn</b>  <i>Salad Bar</i> Taco Station	<b>100% Beef New York Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burgers</b>  <b>Sweet Potato Waffle Fries</b>  <i>Salad Bar</i> Burger Fixin's	<b>Roasted Chickpea Tagine</b>  <b>Garlic Toast</b>  <b>Garlicky Green Beans</b>  <i>Salad Bar</i> Traditional	<b>Chicken Dumplings</b> Served with <b>Vegetable Fried Rice</b>  <b>Braised Red Cabbage</b>  <b>New York Cookie Treat</b>  <b>Fresh New York Apples</b>  <i>Salad Bar</i> New York Local	<b>Classic Cheese Pizza</b>  <b>Veggie Lovers Pizza</b>  <b>Garlic Knot</b> Marinara Sauce  <b>Broccoli Trees</b>  <i>Salad Bar</i> Pizza Toppings
14	15	16	New York Thursday 17	18
<b>Veggie Tacos</b> A Blend of Veggies & <b>Mexicali Beans</b> Served in a Hard Taco Shell  <b>Sweet Plantains</b>  <b>Honey Corn Muffin</b>  <i>Salad Bar</i> Taco Station	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burgers</b>  <b>Bruschetta Tomato Salad</b>  <b>French Fries</b>  <i>Salad Bar</i> Burger Fixin's	<b>Hot Sliced Turkey</b> with Gravy  <b>Honey Corn Muffin</b>  <b>Mashed Potatoes</b> with Gravy  <b>Callaloo Spinach</b>  <i>Salad Bar</i> Garden Greens	<b>Pasta Fagioli</b> Served with <b>Whole Grain Pasta</b>  <b>Roasted Zucchini</b>  <b>New York Cookie Treat</b>  <b>New York Apple Slices</b>  <i>Salad Bar</i> New York Local	<b>Classic Cheese Pizza</b>  <b>Margherita Pizza</b>  <b>Garlic Knot</b> Marinara Sauce  <b>Roasted Chickpeas</b> with <b>Spinach Cilantro Pesto</b>  <i>Salad Bar</i> Pizza Toppings
Martin Luther King Day 21	22	23	New York Thursday 24	25
<b>Black Bean Quesadilla</b>  <b>Garlicky Green Beans</b>  <b>Salsa</b>  <i>Salad Bar</i> Taco Station	<b>100% Beef New York Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burgers</b>  <b>Seasoned Wedge Fries</b>  <b>Greek Zucchini Salad</b>  <i>Salad Bar</i> Burger Fixin's	<b>Zucchini Parmigiana</b> Served with <b>Pasta Choice</b>  <b>Slow Roasted Carrots</b>  <b>New York Cookie Treat</b>  <i>Salad Bar</i> Traditional	<b>Bite Size Beef Tacos</b> Served with <b>Baked! Tostitos® Scoops®</b>  <b>Stewed Pinto Beans</b>  <b>Hot Confetti Corn</b>  <b>New York Apple Slices</b>  <i>Salad Bar</i> Taco Station	<b>Classic Cheese Pizza</b>  <b>Supreme Pizza</b>  <b>Garlic Knot</b> Marinara Sauce  <b>Crispy Kale Chips</b>  <i>Salad Bar</i> Pizza Toppings
28	29	30	New York Thursday 31	
<b>Spinach &amp; Mozzarella Quesadilla</b> with Rice & Salsa  <b>Stewed Pinto Beans</b>  <b>Hot Confetti Corn</b>  <i>Salad Bar</i> Taco Station	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burgers</b>  <b>Sweet Potato Waffle Fries</b>  <i>Salad Bar</i> Burger Fixin's	<b>Roasted Chickpea Tagine</b>  <b>Garlic Toast</b>  <b>Garlicky Green Beans</b>  <i>Salad Bar</i> Traditional	<b>Chicken Dumplings</b> Served with <b>Vegetable Fried Rice</b>  <b>Braised Red Cabbage</b>  <b>New York Cookie Treat</b>  <b>Fresh New York Apples</b>  <i>Salad Bar</i> New York Local	  <b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</b>

<b>Entree Alternatives</b> <ul style="list-style-type: none"> <li>• PB&amp;J Sandwich</li> <li>• Cheese Sandwich</li> <li>• Deli Sandwich</li> <li>• Hummus Grab &amp; Go</li> <li>• Cheese &amp; Tomato with Fresh Fruit Grab &amp; Go</li> <li>• Grab and Go Salads Available on Tuesday &amp; Thursday</li> </ul>	<b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate	<b>OFFERED DAILY</b>  <b>Fresh Fruit</b>  No Artificial flavors, colors, or sweeteners in all SchoolFood Products	<b>Homemade Dressings</b>  Balsamic Vinaigrette Caesar Italian Vinaigrette	<b>Flavor Station</b>  Granulated Garlic Red Pepper Flakes Parmesan Cheese  Pre-K - 8 Alternative Lunch Menu
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