



## APRIL 2019: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>JUMPSTART MONDAY</b>	<b>BURGER</b>	<b>CULINARY</b>	<b>NEW YORK THURSDAY</b>	<b>PIZZA</b>
1	2	3	New York Thursday 4	5
<b>Homemade Grilled Cheese</b>  <b>BBQ Beans</b>  <i>Salad Bar</i> Garden Greens	<b>New York Beef Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burgers</b>  <b>Sweet Potato Waffle Fries</b>  <b>Seasoned Potato Wedge</b>  <i>Salad Bar</i> Burger Fixin's	<b>Roasted Chickpea Tagine</b> Served with Rice  <b>Broccoli with Garlic &amp; Oil</b>  <i>Salad Bar</i> Traditional	<b>Chicken Dumplings</b> Served with <b>Vegetable Fried Rice</b>  <b>Braised Red Cabbage</b>  <b>New York Cookie Treat</b>  <b>Fresh New York Apples</b>  <i>Salad Bar</i> New York Local	<b>Classic Cheese Pizza</b>  <b>Vegetable Pizza</b>  <b>Corn, Peas &amp; Carrots</b>  <i>Salad Bar</i> Pizza Toppings
8	9	10	New York Thursday 11	12
<b>Veggie Tacos</b> A Blend of Veggies & <b>Mexicali Beans</b> Served in a Hard Taco Shell  <b>Sweet Plantains</b>  <b>Honey Corn Muffin</b>  <i>Salad Bar</i> Taco Station	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burger with Salsa &amp; Monterey Jack Cheese</b>  <b>Bruschetta Tomato Salad</b>  <b>New York French Fries</b>  <i>Salad Bar</i> Burger Fixin's	<b>Hot Sliced Turkey</b> with Gravy  <b>Mashed Potatoes</b>  <b>Callaloo Spinach</b>  <b>Toasted Garlic Bread</b>  <i>Salad Bar</i> Garden Greens	<b>Pasta Fagioli</b> Served with <b>Whole Grain Pasta</b>  <b>Roasted Zucchini</b>  <b>New York Cookie Treat</b>  <b>Fresh New York Apples</b>  <i>Salad Bar</i> New York Local	<b>Classic Cheese Pizza</b>  <b>Margherita Pizza</b>  <b>Roasted Chickpeas with Spinach Cilantro Pesto</b>  <i>Salad Bar</i> Pizza Toppings
15	16	17	New York Thursday 18	Spring Recess 19
<b>Vegetarian Chili</b> Served with Rice  <b>Garlicky Green Beans</b>  <i>Salad Bar</i> Taco Station	<b>100% Beef New York Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burgers</b>  <b>Seasoned Wedge Fries</b>  <b>Greek Zucchini Salad</b>  <i>Salad Bar</i> Burger Fixin's	<b>Zucchini Parmigiana</b> Served with <b>Pasta Marinara</b>  <b>Brown Sugar Carrots</b>  <i>Salad Bar</i> Traditional	<b>Spinach &amp; Mozzarella Quesadilla</b> Served with Salsa  <b>Stewed Pinto Beans</b>  <b>Hot Confetti Corn</b>  <b>New York Cookie Treat</b> <b>Fresh New York Apples</b> <i>Salad Bar</i> Taco Station	<b>Classic Cheese Pizza</b>  <b>Sausage, Onion &amp; Pepper Pizza</b>  <b>Green Garden Salad</b>  <i>Salad Bar</i> Pizza Toppings
Spring Recess 22	Spring Recess 23	Spring Recess 24	Spring Recess 25	Spring Recess 26
<b>Homemade Grilled Cheese</b>  <b>BBQ Beans</b>  <i>Salad Bar</i> Garden Greens	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burgers</b>  <b>Sweet Potato Waffle Fries</b>  <i>Salad Bar</i> Burger Fixin's	<b>Roasted Chickpea Tagine</b> Served with Rice  <b>Broccoli with Garlic &amp; Oil</b>  <i>Salad Bar</i> Traditional	<b>Chicken Dumplings</b> Served with <b>Vegetable Fried Rice</b>  <b>Braised Red Cabbage</b>  <b>New York Cookie Treat</b>  <b>Fresh New York Apples</b>  <i>Salad Bar</i> New York Local	<b>Classic Cheese Pizza</b>  <b>Vegetable Pizza</b>  <b>Corn, Peas &amp; Carrots</b>  <i>Salad Bar</i> Pizza Toppings
29	30			
<b>Pasta Fagioli</b> Served with <b>Whole Grain Pasta</b>  <b>Garlicky Green Beans</b>  <b>New York Cookie Treat</b>  <b>New York Apple Slices</b>  <i>Salad Bar</i> New York Local	<b>New York Beef Hamburgers &amp; Cheeseburgers</b>  <b>Turkey Burger with Salsa &amp; Monterey Jack Cheese</b>  <b>Bruschetta Tomato Salad</b>  <b>New York French Fries</b>  <i>Salad Bar</i> Burger Fixin's	  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	<b>Daily Lunch Specials</b>  <ul style="list-style-type: none"> <li>• PB&amp;J Sandwich</li> <li>• Cheese Sandwich</li> <li>• Assorted Deli Sandwiches (Not available on Monday)</li> <li>• Hummus Grab &amp; Go</li> <li>• Cheese &amp; Tomato with Fresh Fruit Grab &amp; Go</li> </ul> Every Tuesday & Thursday Grab & Go Salad	

### OFFERED DAILY

**Fresh Fruit**

**Milk**  
1% Low-fat  
Fat Free  
Fat Free Chocolate

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

**Homemade Dressings**

Balsamic Vinaigrette  
Caesar  
Italian Vinaigrette

**Flavor Station**

Granulated Garlic  
Red Pepper Flakes  
Parmesan Cheese

Pre-K - 8  
Alternative Lunch Menu