



EPIPHANY TRACK TEAM



All students in 5th – 8th grade are invited to join Epiphany’s CYO Track Team.

Track & Field Events: 100m, 200m, 400m, 800m, 1600m, Long Jump, Shot Put, Turbo Javelin, 4x100 Relay
Three event maximum per athlete

Practices: Wednesdays 3:00-4:30pm at Epiphany’s 28th Street Gym* beginning April 19th
* Students may travel off site to local tracks or parks and will return to the Gym for dismissal.

Track Meets: Sundays 1:00-4:00 PM at Mount Saint Michael Academy, Bronx NY
April 16*, April 23, April 30, May 7, May 21, June 4

Transportation: School buses will **depart from Epiphany Church at 11:30 AM** prior to each track meet (22nd St & 2nd Ave). Those who wish to travel independently must notify the coaches in advance. All team members who use the bus to travel to the meet are expected to return by bus. Estimated return time: 4:45 PM. *Bus may not be available for the April 16th meet.*

Coaches: Mr. Marlon Ali (Lucas, gr. 6) - fmarlonali@gmail.com
Mr. Kevin O’Keefe (Ava & Will, gr. 7) - kevokeefe@gmail.com

Fees: \$140 Registration & Transportation, \$40 Uniform Jersey
Payment should be submitted by cash or check made payable to The Epiphany School

Return the portion below & your child’s registration fee to Mrs. Gallagher by April 17th

Name: _____ Homeroom: _____

Allergies or Medical Conditions: _____

Track Jersey:

- Adult Small Adult Medium Adult Large
- No Jersey Needed, I have one from last season

Dismissal following Track Practices and Meets

- My child can travel home independently / with friends.
- My child will be picked up by an adult - Approved Names & Cell Phones:

Parent Name: _____

Cell Phone & Email Address: _____

Parent Signature: _____